

The Hampshire Dome: General Rules

- At the Hampshire Dome, we take pride in our facility. Please help us by respecting the area and placing trash in proper receptacles.
- For safety, please keep the Track clear when in use by Runners.

General Rules:

1. The Hampshire Dome is a public facility. There are no Dome memberships; we offer special privileges to Hampshire Hills Athletic Club (HHAC) members, including use of track, and walk on field time at no charge and a daily free large bucket of golf balls.
2. People **enter and leave through the revolving doors** at the front of the Dome at all times, except during an emergency. We have 7 emergency exit doors located along the side of the building and 3 emergency exit doors in the front lobby area.
3. Opening an exit door in the absence of a life emergency situation is strictly prohibited.
4. **USE REVOLVING DOORS SLOWLY AND CAREFULLY – for personal safety do not allow children to play with revolving doors.**
5. If someone is bringing in a stroller, or other device they may use the **handicap airlock**, but must make sure that one door is closed before the other is open.
6. Please, **NO FOOD** beyond the safety wall between the lobby and the track.
7. Beer and Wine must remain at the Bar or in the designated Adult Only Area.
8. Please be respectful of the building and pick up after yourself.
9. As a spectator, you may bring in your own chairs to view games. There are no bleachers.

Field Rules:

1. **No spitting or gum chewing** while using the fields or the track.
2. **Field changes** are on the hour or half-hour. **5 minutes prior to the end of your rental period**, groups on fields should begin preparing to exit so they are completely off on time. Accordingly an hour rental means 55 minutes of use and 5 minutes to exit.
3. Please be respectful when other organizations are renting field space. Proceeding to/from Fields 2 or 3, please **walk around the outside of the Track**.
4. **No Duct Tape** on the field turf – it destroys the turf when removed.
5. At end of your session **return any goals** you moved back to where you found them.
6. **No ball playing** in the lobby, track, or rollaway. For safety, no hanging on goals or nets.
7. Softball teams **MUST** use the **designated mats for pitchers** to avoid damaging turf.

Track Rules:

1. Fees are \$6.00 for the public and free for HHAC members.
2. Except for schools with exclusive time, **All Runners Must Wear a Dome Bracelet**.
3. Five laps around the track equals approximately one-mile.
4. Specific rules for runners and walkers are posted at the track entrance.
5. Parents/guardians who have a child in a sports practice, clinic, or league on the Field may **fitness walk** the track at no charge while their child is on a field. **All Runners** will still need to check in, pay the appropriate fee, and be issued a bracelet.
6. Check www.hampshiredome.com Hours/Schedules link for hours the Venue:Track is "OPEN to All". Any times not listed for Venue:Track it is closed.