

# 2023- 2024 Hampshire Dome Youth & Adult Soccer and Youth NFL Flag Football League Information

To enter a team or group into any Youth or Adult leagues please email Athletic Director Sean Wisbey at [swisbey@hampshirehills.com](mailto:swisbey@hampshirehills.com) or call (603) 673-8123 x 568 to setup your team reservation.

**Free Agents** – Looking for a team? Our NFL Youth Flag Football league accepts teams/small groups and free agents in all divisions. We also host a U10 Coed Soccer and MO-50 Soccer “House Teams” for free agents. We do not place free agents on soccer teams U11 and above but you can be placed on Hampshire Dome Free Agent Board in hopes of being picked up by a team needing players. Email Sean Wisbey to get on the list.

## **Coaching Requirements:**

All Youth Coaches must sign a “Coaches Code of Conduct” and complete a background check consent and release waiver before being able to coach in any youth soccer or flag football leagues and must submit a copy of their driver’s license prior to coaching at our facility.

## **No Exceptions**

## **NFL Youth Flag Football Coed Ages 7-19 (5 v 5)**

### Sessions Dates:

Fall Session – Tuesday Sept 12 to Tuesday Oct 3, 2023

Winter Session 1 – Saturday November 4 to Saturday December 23, 2023

Winter Session 2 – Saturday January 6 to Saturday February 24, 2024

Spring Session - Tuesday April 16 to Tuesday June 4, 2024

Fall and Spring Sessions operate on Tuesday & Winter Session 1 and 2 are on Saturday.

### Age Division offered:

Fall and Spring Sessions offer three age divisions for ages 7-9, 10-12 and 13-15.

Winter Sessions offer the six age divisions- 8U, 10U, 12U, 14U, 16U and 19U .

### Age Requirements:

We follow the NFL Youth Flag Football guidelines with a cut-off date of January 1.

### Game schedules and times:

Please be advised that your team could get one scheduled game on a Sunday. This is dependent on the number of teams that register to play and due to major events we host at the Dome. Games are played on Saturday's and times are as follows:

8U, 10U, U12U are from 7am-12pm

and 14U, 16U & 19U operate between 12-5pm

but during Winter Session 1 games can go until 9pm for the older age divisions.

Our Fall and Spring sessions play on Tuesday Nights from 5:30-8:30pm.

Cost \$160.00 per session includes a NFL Flag Jersey, Belts & Flags.

Max of 10 Players on a roster unless the Coach requests to carry up to 2 additional players max.

## **Soccer Leagues 2023-2024**

Adult Soccer MO-30/40/50 – Wednesday and Thursday Nights (8 v 8)

Winter Session 1 Begins October 26, 2023

Winter Session 2 Begins January 4, 2024

Winter Session 3 begins February 29, 2024

Cost is \$1000/team plus officials.

Each team can carry 2 players on their roster from the age group below them.

Over 30 can carry 2 players 21+, Over 40 can carry 2 players 31+,

Over 50 can carry 2 players 40.

No players under the age of 21 allowed in this league.

### Youth Soccer Leagues (7 v 7):

Winter Session 1 – Friday November 3 to Friday December 22, 2023.

Winter Session 2 – Friday January 5 to Friday February 24, 2024

### Age Divisions offered:

Friday Nights (7 v 7) U10C, U12G/C, U12B, U14G/C, U14B,  
High School Coed Recreation JV and Varsity.

\$130 per player to participate, max roster 13, minimum 10.

### Age Requirements:

We do not run youth soccer leagues March through October.

Youth Soccer Info – USSF Guidelines by year.

U10C = 2014-2016, U12 = 2012 & 2013, U14 = 2010 & 2011

8th graders missing age deadline can play in the U14 Division.

High School players must be in High School. No graduates please!

### Free Agent Placement:

Our U10 Coed Soccer League has two Free Agents Teams House Team Reds and Blues that players without a team can participate on sign up for. We do not place players for U11 and above, team registration only for those divisions.

### Scheduling Games:

Please be advised that your team could get one or two scheduled games on a non-league day (Sat or Sun).

This is dependent on the number of teams that register to play and major events we host at the Dome.

When you register for our leagues online through our EZfacility program your credit card will be automatically charged.

We ask that all Players and Parents review our Code of Conducts and facility rules links on the Hampshire Dome website home page before coming to compete in our leagues.

### Refund Policies of All Leagues

- In the case where someone decides to drop out of a league due to conflicts or injury the following applies:

If they drop out before the session begins, they get 100% refund.

o After week 1 they get 75%

o After week 2 they get 50%

o After week 3 - no refunds

For flag Football, if we have already purchased a NFL Jersey and flags we will deduct \$35.00 but you can come and collect the equipment. All refunds will be subjected to a \$20.00 administrative fee regardless of when you have registered and when you ask for a refund.

### Register Here:

<https://hampshire-hills.ezleagues.ezfacility.com/leagues.aspx>

If you have further questions about league play and registration please email or call Sean Wisbey for assistance.

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