

Rules for Indoor Soccer Play at the Hampshire Dome  
2008

1. Games are played 7v7 or 8v8 for 2-25 minute halves. During playoffs we will go to golden goal first overtime with 4v4 (3 plus a goalie) then 3v3 unless a goal is scored. After the second overtime we go to PK's
2. Substitution is on the fly. You cannot sub for an advantage, the other player must be out of the play and you are entering into their spot.
3. Spitting on the field is an automatic yellow and the player must exit the field for at least one play.
4. All fouls are INDIRECT kicks except for penalty kicks awarded by the referee and corner kicks.
5. Corner kicks are direct kicks and can be scored on without hitting another player.
6. The kickoff must go forward before it goes back.
7. On a restart, other than kickoff to start a half or after a goal, players must stand three yards from the ball.
8. No SLIDETACKLING. You can slide to save a ball as long as the other player is not close to the ball. (Referees Discretion) Goalies however can slide after the ball in the box.
9. Punting is allowed by the goalie.
10. All other outdoor rules apply for fouls, regular play, and throw-ins.
11. If a team is up 5 goals or more the opposite team may add an additional player if wanted. Once the team is within 4 goals they must remove the extra player.

These are the general rules of play. We expect good conduct and sportsmanship by all involved.

Thanks,

Hampshire Dome